NONVIOLENCE

NEGOTIATION
Seeking mutually satisfying resolutions to conflict * accepting change * being willing to compromise.

NON-THREATENING
Talking and acting so that partners feel safe and comfortable expressing themselves and doing things.

ECONOMIC
Making money decisions together * making sure both partners benefit from financial arrangements.

RESPECT
Listening to each other non-judgmentally * being emotionally affirming and understanding.

SHARED RESPONSIBILITY
Mutually agreeing on a fair distribution of work * making family decisions together.

TRUST AND SUPPORT
Supporting each partner's goals in life * respecting each partner's right to his or her own feelings.

RESPONSIBLE
Sharing parental responsibilities * being a positive, non-violent role model for the children.

HONESTY AND ACCOUNTABILITY
Accepting responsibility for self * acknowledging past use of violence * admitting being wrong * communicating openly and truthfully.

EQUALITY

Created by the Domestic Abuse Intervention Project
www.duluth-model.org
* Modified by an Aurora Center Volunteer