Cycle of Violence

Honeymoon
- When the abuser will apologize or try to make up for their abusive actions
- They may blame abusive behaviors on victim
- Ignore or deny abuse

Tension
- walking on eggshells
- threats and intimidation
- fear
- guilt
- unpredictable behavior

Violence
- When the abuse actually occurs
- Violent behaviors
- Emotional, physical, financial and/or sexual abuse